May Allah Protect us from all kinds of Waba (contagious diseases). For a Muslim, plague is as explained in the Hadith below :

قال ﷺ: الطاعون شهادة لكل مسلم -- رواه البخاري

Plague is a martyrdom for every Muslim (if he/she dies due to plague)

وقال أيضاً لما سئل عن الطاعون: إنه كان عذاباً يبعثه الله على من يشاء، فجعله الله رحمة للمؤمنين، فليس من عبد يقع الطاعون فيمكث في بلده صابراً يعلم أنه لن يصيبه إلا ما كتب الله له إلا كان له مثل أجر الشهيد -- رواه البخاري

When asked about plague, Rasoolullah Sallallaho Alaihe Wasallam said : "It is sent as a punishment (for those) to whom Allah Wills, but plague is Allah's Mercy for Mo'mineen, so if a person is affected by plague & he stays in the same land & hopes that nothing will harm him except what Allah Has Written for him, then this sick person gets the Ajar of Shaheed".

In brief, we shall write for what should be taken as a **MEDICINE** / protection from any kind of contagious disease (including Corona):

1. **Salaat, Taubah & Istighfaar,**
2. **Reciting Quran & Duas of protection, Azkaar of morning & evening**
3. **Sadaqah**
4. **Take Hijamah because Prophet Muhammad Sallallaho Alaihe Wasallam recommended it as the best remedy**

وفي (الصحيحين): من حديث أنس رضى الله عنه، عن النبيّ صلى الله عليه وسلم: (خيرُ ما تداوَيْتُم به الحِجامةُ والقُسْطُ البَحْرِيُّ)

In the Sahihain, it is narrated that Anas Radi Allaho Anh related from Prophet Muhammad Sallallaho Alaihe Wasallam that he said, "Hijamah and Qust al Bahri (Marine Costus) are the best of your remedies".

5. **Seeking help with the above Hadith, we recommend the following herbal compound**

100 grams of powdered Qust-al-Bahri (Nabawi medicine for respiratory disorders)

100 grams of ground black-seed (Shifa for all diseases)

10 grams of saffron (optional, if used, to be ground along with black-seed)

200 – 250 grams of Honey (Shifa guaranteed by Quran)

All of the above to be mixed together as a paste, take a tablespoon at an empty stomach, and a teaspoon after Asr prayer (for children below 12, one teaspoon at an empty stomach is enough, for infants, only Qust + Honey paste should be given in very small quantity as much as the infant can lick easily). And this mixture has to be taken by all, either the sick or healthy.

Some pictures (with small portions) of making the herbal compound are presented as a reference

Kindly also read the articles below :

1	وبا اور طب نبوي.pdf	2	Contagion & Tibb-e-Nabawi.pdf
3	طاعون اور طب نبوي.pdf	4	Plague & Tibb-e-Nabawi.pdf
5	QUST Al BAHRI.pdf	6	Black Seed.pdf